

Spiritual Research Network

Proclaiming the Biblical Gospel and Encouraging Spiritual Discernment

RADIO INTERVIEW NOW POSTED ONLINE

'Harmful & Dangerous Spiritual Practices'

**Radio Interview Now Posted Online in
Understanding The Times Radio Archive**

July 27, 2008

Greetings!

This past Saturday morning, **July 26**, I was able to join [Jan Markell](#) and her studio assistant Heidi Swander on the [Understanding The Times Radio](#) broadcast.

The three of us discussed a number of very serious, and dangerously deceptive, spiritual practices. Many of them, Christians, "church-goers", non-Christians, and numerous Christian leaders see no problem engaging in.

Here are a number of the the of practices we tried to briefly define and comment on:

Mystical and Supernaturalistic Holistic Health / Alternative Healing

- Therapeutic touch
- Reiki Therapy
- Acupressure energy channelling
- Acupressure massage
- Acupressure touch
- Acupuncture
- Biofeedback (energy / spiritual)
- Energy Massage Therapy
- Reflexology
- Weight No More (Edgar Cayce's "Psychic Message" Health Reduction Program)

Spiritual / Mystical / Contemplative

- Taize (Interfaith ecumenism, chanting, etc))
- Centering Prayer
- Palms up, Palms Down
- Practicing the Presence
- Breath Prayers
- Lectio Divina
- Labyrinth
- Sacred Space

- The Silence
- 'Non-Spiritual' Martial Arts
- Divine Mystery
- Visualization
- Attitudinal Therapy

Our main reason for discussing these things and warning about them is because they stem from either one, or all, of the following:

- Mystical and supernaturalistic health related methods
- Founded on occult principles
- Dangerous forms of occult and mystical practices
- Based on the writings and beliefs associated with either paganism, spiritism, occultism or mysticism.

[TO LISTEN TO THE TWO HOUR RADIO BROADCAST simply click this link you are reading and scroll down to the archive dated July 26, 2008.](#)

[You may also visit the SRN HOMEPAGE and click the NEWLY ADDED MP3 LINKS just below the SRN intro.](#)

A SPECIAL THANK YOU!

I would also like to thank those of you who emailed or called in to the radio program on Saturday. Your questions as input were very helpful.

Caring for the hurting,,

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