# **KUNDALINI ENERGY:**

# Yoga's Power, Influence, and Occult Phenomena in the Church

By Chris Lawson

Today, with many Christian leaders endorsing things like yoga (Christian Yoga), Contemplative (centering) prayer, Christianized meditation, mantras and altered stated of consciousness - all in the name of our Lord and Savior Jesus Christ, it is no wonder that mystical manifestations of occult power are being experienced in Churches and in believers' lives. Entering Christendom *en masse*, across continental and denominational boundaries, is an ancient, baleful power that is ever-so-subtly influencing compromised Christendom. This power has as its goal nothing less than the full blown destruction of the human body, mind and spirit.

The purpose of this article is to expose this sinister power that lies behind much of the so-called "supernatural phenomena" taking place in the Church today. Those who have escaped the world of the occult and come to the real Jesus Christ understand very clearly what is going on. On the other hand, countless people, including many in church leadership don't have a clue. Those who are ignorant of this deadly power invading the church would do well to take heed!

#### **KUNDALINI ENERGY AND CHRISTIAN SPIRITUALITY?**

We begin with a prime illustration of how the endorsement of occult (secret, clandestine, hidden, the secret mysteries) power is being injected into Christendom today (via Contemplative Spirituality, a.k.a. Spiritual Formation Movement). In June of 1990, Thomas Keating, one of the modern Fathers and founding architects of the Contemplative Prayer movement, endorsed and wrote the Foreward to a book entitled *Kundalini Energy and Christian Spirituality: A Pathway to Growth and Healing.* This book was written by Philip St. Romain, a practicing Catholic who has undergone what is known to yogi's and occultists alike as "the awakening of Kundalini energy." Friar Thomas Keating's endorsement on the back cover of this book states:

This book will initiate Christians on the spiritual journey into this important but long neglected dimension of transforming power and grace. 1

Another endorsement on the back cover, by James Arraj, states:

The spontaneous awakening of kundalini-like energies that this book recounts has a significance that goes far beyond the importance it has in the personal life of Philip St. Romain. It is certainly fascinating to be allowed a glimpse into what it is like to suddenly encounter the ancient serpent power, or kundalini, that played so important a role in the religious life of India. But since the author is at once a practicing Catholic devoted to the life of prayer and the recipient of experiences described by the sages of India, he has become, unwittingly, a laboratory in which we can see in microcosm some of the most crucial questions that face Christianity today. 2

In order to examine closely Keating's approval of utilizing *kundalini* energy (occult power) within the framework of Christian spirituality, we quote at length from the Foreward Keating wrote for this book. Keating begins his Foreward this way:

This book is the first description that I know of in Christian literature about the awakening of kundalini energy in a purely Christian context. Kundalini has long been known in Taoist, Hindu, and Buddhist spirituality. The fact that this complete awakening occurred in the context of a classical development of [Contemplative] Christian prayer makes it an important contribution to East/West dialogue. Given the newness of the kundalini in Christian circles, however, any theological interpretation is bound to be tentative. 3 [Emphasis added]

It is important to note here that demonic power [kundalini energy] is the basis of all occult belief systems. It is called by many different names around the world but in the end it is always viewed as an impersonal "force", "energy" or "power". Kundalini energy, the foundation and core of Hinduism's pantheistic (and pan-en-theistic) belief system, is the exact same power that fuels idolatry and the open worship of demons in countless other religions, not just Hinduism. Furthermore, the awakening of kundalini energy, also known as kundalini arousal, is the ultimate aim of all yoga practice. Interestingly, most Western yoga instructors never mention this and many of them will purposefully avoid talking about it.

According to various teachings, *kundalini* is a type of "corporeal energy". Kundalini in Sanskrit literally means "coiled up" or "coiling like a snake". In English, the term for the *Kundalini-Sakti* is rendered "Serpent Power". According to Keating's book endorsement and the Foreward he wrote, *and his other literature*, he believes the "Serpent Power" can be *integrated* into one's Christian spirituality. Notice what Keating further states in the Foreward of Romain's book:

Reading the Christians mystics from the perspective of his [Philip St. Romain] own experience of kundalini energy, the author see many examples of its working in the lives of Christian saints and mystics. Since this energy is also at work today in numerous persons who are devoting themselves to contemplative prayer, this book is an important contribution to the renewal of the Christian contemplative tradition. It will be of great consolation to those who have experienced physical symptoms arising from the awakening of kundalini in the course of their spiritual journey, even if they have not experienced it to the fullest extant described by the author. His [Philip St. Romain] compelling testimony is a powerful affirmation of the potential of every human being for higher states of consciousness. [Emphasis added] 4

In one fell swoop, Keating acknowledges that religions in the East have known of this power and that many who are involved in Contemplative [centering] prayer are experiencing *kundalini awakening* [occult phenomena]. He states that *kundalini* is an important contribution to the renewal of the Christian contemplative tradition [which is unbiblical], and that Romain's book will be of consolation to those who have experienced symptoms arising from the awakening of *kundalini*. To those who know well the extreme hazards that *kundalini energy* can bring about, and to the discerning reader, these statements from Friar Thomas Keating can only be regarded as extremely dangerous.

Furthermore, Keating mentions Philip St. Romain's "compelling testimony" as a "powerful affirmation of the potential of every human being for higher states of consciousness." Keating's mention of all these things ought to cause Christians of every sort to be alarmed to no end. Those in the occult know well that "higher states of consciousness" are the fast lane to tapping into occult power!

Along with Keating's endorsement of *kundalini energy*, we also see his pragmatic view regarding the use of occult energy:

The awakening of kundalini energy and its various stages clearly enhances our understanding of how the body takes part in the spiritual journey....Kundalini energy is an enormous energy for good....This is probably the energy that is so attractive in cult leaders; they may well impart a spiritual experience through the transmission of kundalini in a way that we do not yet understand. Energy, however great, is only energy. It is how one uses it that counts. 5

In open acknowledgment of that *kundalini* "has influenced ancient Eastern methods of medicine such as acupuncture and ayurvedic medicine...", he also mentions "that this energy should not be awakened except under the guidance of a qualified teacher":

Kundalini has influenced ancient Eastern methods of medicine such as acupuncture and ayurvedic medicine....All the Eastern traditions concur that this energy should not be awakened except under the guidance of a qualified teacher. 6

Then, in no uncertain terms, Keating concludes:

Since this energy can arise through the practice of ordinary [Contemplative centering prayer] Christian prayer forms....as Christian contemplation becomes better known, a number of Christian who have experienced the awakening of kundalini through Eastern techniques may wish to return to their Christian roots... 7 [Emphasis added]

Keating, pointing people Eastward in order to "get a fuller understanding" of the awakening of *kundalini*, also points people towards Inter-spirituality:

In order to guide persons having this experience, Christian spiritual directors may need to dialogue with Eastern teachers [occult practitioners] in order to get a fuller understanding. The importance of the "Document on the Non-Christian Religions" comes into focus here. The document states,

the Church therefore has this exhortation for her sons [and daughters]; Prudent and lovingly through dialogue and collaboration with the followers of other religions and in witness of Christian faith and life, acknowledge, preserve and promote the spiritual and moral goods found among these men [and women] as well as the values in their society and culture. (no.2) 8 [Emphasis added]

In the final words of Keating's Foreward, he finishes with a glowing endorsement of *Kundalini Energy and Christian Spirituality: A Pathway to Growth and Healing*. Giving the full green light of intermixing *kundalini energy* into one's Christian life, he states these shocking words:

This book will initiate Christians on the spiritual journey into the important but long neglected dimension of the transforming power of grace. 9 [Emphasis added]

# A VERY, VERY SERIOUS MISTAKE

Before going any further, I must state as clearly as possible that anyone who gets involved with yoga, and *kundalini energy* which is the aim of all yoga, is making a very, very big mistake. No matter how committed a Christian may be, pastor or lay person alike, when a believer chooses to involve himself or herself with the world of the occult, *including any and all levels of yoga* 

practice, for "exercise" or otherwise, very powerful spontaneous demonic manifestations can and do oftentimes occur. Many ignorant people say that yoga exercises can be separated from yoga philosophy. This simply is not true. It is a well known fact that yoga postures/poses are the outworking of occult philosophy. Yoga is an occult practice. It is the basis of the Hinduism. Westernized as "Breath Religion", "The Science of Breath", and "Transcendental Meditation" it leads individuals to believe the great lie of human "godhood". Yoga is demonic in origin, it comes from the teachings of demons, and it stands vehemently opposed to the God of the Bible and to every Christians' faith in the Person and work of Jesus Christ. Yoga, even done as merely an "exercise", has the power to produce occult phenomena dangerous enough to undo the human psyche. Sadly, countless people, including many undiscerning Christians, believe that yoga can be done as exercise or as an integrative worship practice - as part of a "transformative process" of drawing "closer to the Divine". Nothing could be further from the truth.

# THE SERPENT POWER: THE SECRETS OF TANTRIC AND SHAKTIC YOGA

In order to define once and for all what *Kundalni energy* really is, we quote from the back cover of the well known occult book entitled *Serpent Power: The Secrets of Tantric and Shaktic Yoga* by Arthur Avalon (Sir John Woodroffe). Avalon writes:

Who is Kundalini, the Serpent Power? Mythologically, she is an aspect of shakti (power or energy) and consort of Shiva. Philosophically she is the creative energy that forms mind and matter, and comes to rest in the lowest form of matter. She is consciousness: the power of matter to know itself. In terms of Tantric practice, she is the mysterious power that resides in the human body and can be awakened by suitable techniques: special meditations and yogic practices of a particularly powerful nature. She is The Goddess: the ultimate heart of many areas of Eastern religion, not only of Hinduism. 10

On page one of this book, Avalon writes:

These names refer to the Kundalini-Sakti, or Supreme Power in the human body by the arousing of which the Yoga is achieved....by the agency of the Kundalini-Sakti, which, in order to give it an English name, I have here called Serpent Power. Kundala means coiled. The power is the Goddess (Devi) Kundalini, or that which is coiled; for Her form is that of a coiled and sleeping serpent in the lowest bodily centre, at the base of the spinal column, until by the means described She is aroused in that Yoga which is named after Her. 11

Avalon's footnote on this same page reads this way:

One of the names of this Devi is Bhujangi, or the Serpent. 12

We also note how world yoga expert Gopi Krishna defines *Kundalini* in his work, *The Awakening of Kundalini*:

"Traditionally she is known as Durga the creatrix, Chandi the fierce and bloodthirsty, and Kali the destroyer. She is also Bhajangi the serpent. As Chandi or Kali she has a garland of skulls around her neck and drinks human blood." 13

Kundalini is a term which in Sanskrit means "coiled". This "yogic life force" supposedly moves through chakra's (energy channels) in the human body in order to bring one into a state of occult enlightenment. According to occult philosophy, Kundalini is a non-physical field of energy

that yogi's say not only surrounds the physical body, but can infuse the body. For those who would cast doubt and simply draw the conclusion that not all yoga has the capacity to arouse *kundalini energy*, perhaps one ought to think again. Hans Ulrich Rieker, an author of numerous books and well known authority on yoga and meditation, says:

# "Kundalini [is] the mainstay of all yoga practices." 14

If the awakening of *Kundalini - the Serpent Power*, is the mainstay of all yoga practices, than why in the world are Christians doing yoga and/or trying to integrate kundalini into their Christian spirituality? There are only two answers to this question. They are either completely ignorant of the what yoga and *kundalini arousal* are all about, or they know what they are doing and don't care. In both cases, by ignorance or knowledge, they have positioned themselves in rebellion against Almighty God. Christians are not to partake in deeds of darkness and be yoked with pagan practices, but to live as children of light, pleasing the Lord. Ephesians 5:8-11 says:

For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them.

#### MANIFESTATIONS OF OCCULT POWER?

The manifestations of *Kundalini energy* that come through yoga can be hazardous and have even been known to cause death. It must be remembered that *Kundalini* energy is demonic power masquerading as a "cosmic life force". According to Indian yogi's and numerous occult practitioners from many different fields, the awakening of *Kundalini* is a highly desirable and beneficial transformation that people undergo on their spiritual journey. They say that people just need to "let go", and "surrender to", and "trust through this process". While many people sincerely and wholeheartedly believe this, vast amounts of occult literature warn that this so-called "awakening" is not without extreme dangers. If these are the facts with non-Christians who are involved with yoga, than what makes any Christian think they can practice yoga (and other Christianized occult practices) and not be influenced by these same sinister powers.

In yogic philosophy and literature spontaneous responses that are caused by awakening *kundalini* are called *kriyas*. Listed below are a number of emotional and bodily responses that are known to be associated with this occult "energy". As you read through this you may find that you have heard of or even seen these things happening in Christian churches or so-called revival meetings. These manifestations have been found in a smorgasbord of occult religions. They have also been seen in aberrant, heretical, cultic, hyper-faith, and many deliverance-style Christian ministries.

Intense sensations of energy and heat stimulating the body, so-called "electrical surges" and "electrical impulses" that stream up and down the spine, "heat energy" moving through the legs and hands, etc. Oftentimes people shake violently and jerk spasmodically whilst writhing in twisting, serpentine-like movements. People have been known to lose complete control of their emotions and manifest powerful rushes of ecstatic joy, uncontrolled laughter, intense crying, violent screaming, karate-chopping the air, warrior stances, making unusual animal noises, and emitting grotesque growls and sardonic laughter. Others begin speaking in tongues, singing previously unknown songs and spiritual chants, babbling uncontrollably, and even slamming their heads and bodies against walls, floors and inanimate objects. During rushes of *Kundalini* energy people become overwhelmed with states of ecstatic bliss and altered states of consciousness. At

times they also sink into states of incredible despair whilst feeling fear, anxiety, sadness, anger, impending insanity and even suicidal thoughts.

Christians undergoing these so-called "awakenings" also assume spontaneous yoga postures and gestures as well as the phenomena noted above. I myself, as a Christian pastor, missionary and researcher, have observed some of this bizarre phenomena in Christian churches when investigating the "anything goes" Toronto / Pensacola / Holy laughter Revival.

But these things are no different than the occult phenomena displayed through laughter yoga and Buddhist and Hindu cults. People under this wicked influence imitate animal postures and make inhumane sounds and movements. They testify of seeing colorful visions, bright lights, and experiencing "the Oneness of all things" (Pantheism). Practitioners also here humming, chirping and buzzing sounds. Even misled Christians have been known to "oink" like pigs, "bark" like dogs, and "roar" like lions. Some, like possessed Haitian Voodoo practitioners, do the chicken dance and are unable to stop until complete exhaustion takes over. Others fall down 'drunk in the spirit' and are physically pinned to the floor by powerful, unseen supernatural powers. It has also been observed in Nigeria that this "electricity" type power leads people to "vomit in the spirit". Accompanying these things are also sweet smells, ghastly odors, and intense, ecstatic and even painful, sexual arousal.

This list is just the tip of the iceberg of a long list of occult phenomena related to *kundalini awakening*. If indeed the above descriptions have been brought about through the *awakening of kundalini energy* (demonic power), then Christians ought to recognize them as demonic - for that is what they are. [NOTE: Serious, balanced, pastoral care ought to be consulted before simply concluding that all "phenomena" type manifestations are demonic.] In the least, the above phenomena ought to be rejected as outright perversions and counterfeits for they do not come from the Holy Spirit of the Bible. To those who are discerning the difference is clear.

Sadly, what you have just read above is understood by many untaught and unstable Christians to be manifestations of the Holy Spirit's power. This is absolutely not true. What you have just read are extra-biblical descriptions of the manifestations of demonic power. The Holy Spirit of Scripture is a Person. He is God, He is Holy and He is not some impersonal occult power. He does not lead people into inhumane chaos such as writhing like snakes, acting like animals and doing spontaneous yoga postures. The Holy Spirit role in the lives of believers is not to lead people into demonically induced rushes of extreme pain and fits of madness. Nor does He cause people to be "Drunk on the Divine" and to fall down like Hindu cult groupies in fits of uncontrollable laughter. It is the lying signs and wonders, hyper-faith Christian revivalists and false prophets that are labeling this "kundalini serpent spirit" as the Holy Spirit.

It is important to note also that in *Kundalini Energy and Christian Spiritituality: A path to Growth and Healing*, under the heading *Siddha Yoga and Pentecostalism*, Philip St. Romain writes that he saw striking similairities between Siddha Yoga manifestations and Pentecostalism's manifestations:

A strong convergence between Hindu and Christian spirituality can be noted when comparing Siddha Yoga with Pentecostalism. In recent times, Swami Muktananda Paramahansa was most prominent in spreading the practice of Siddha meditation. While reading through *Kundalini: The Secret of Life*, by Swami Muktananda, I was struck by similiarities it shares with Pentecostalism. 15

# ONE OF SATAN'S GREATEST LIES

Romain mentions that all people undergoing the *kundalini* process may not have the Holy Spirit. He also says that one must try to differentiate between the *kundalini awakening* and the Holy Spirit. Then, he makes a statement that completely blows the roof off of sound Biblical theology. Under the heading *The Holy Spirit as the Kundalini Energy of Christ*, Romain jams Biblical theology down the garbage disposal by stating:

Finally, and by way of wondering out loud, I think it is worth reflecting on the possibility that the Holy Spirit just might be the *kundalini* energy of the risen Christ. 16

If Romain's statement here does not confute, pervert, and destroy Biblical theology than nothing does. To in any way equate *kundalini - the Serpent Power* with the Holy Spirit of the Eternal Living God is a grave and bold insult to the Spirit of Grace.

So that there is no confusion as to how far Romain has ventured into false religion, let the reader take note of the following online quote by him from an article entitled, *Kundalini: The Hindu Perspective*:

Kundalini awakenings can happen spontaneously, as the fruit of living the spiritual life. They can also occur as the result of deliberate ascetical practices, drug experiences, or shaktipat transmissions, as mentioned above....Kundalini is an energy that is to be respected. Indeed, it is even reverenced and worshipped by many Hindus. 17

In the following sentence in the same article he states:

But what is kundalini? Is it the energy of the higher spiritual bodies breaking through into the lower levels? According to the yogic literature, it is at least that, and much more. Kundalini is none other than Shakti, the female consort of Shiva, who is one with Brahmin and Vishnu in the Hindu trinity. Hence, kundalini is considered a divine energy, and its awakening is interpreted as awakening to the divine. Small wonder Hindu writers see this energy as the counterpart to the Christian experience of the Holy Spirit! 18

In online Forum article Romain was asked the following:

Forum: Just what is kundalini energy?

Philip: It is easier to say what it is not than what it is. Quite frankly, I don't know what it is. What is feels like, however, is pure life energy, uncolored by emotion or passion. This life energy is of a strange quality, however. Unlike emotional energy, which I know most definitely belongs to me, the energy I have been describing does not seem to belong to me. There is an impersonal quality to it which at first seems quite strange, but later becomes most satisfying. In saying that it is impersonal, I do not wish to imply that it is anti-personal. It is not. It seems to be completely non-subjective, that is all. How to describe the reality of life energy that is neither personal nor antipersonal is most difficult.

In this online Forum he was also asked what some of the physical consequences of *kundalini* awakening are:

Forum: What are some of the physical consequences of awakening this energy?

Philip: Here are some of the most basic ones:

1. Inner vision illuminated when the eyes are closed, especially during times of prayer and meditation. Visual background turning blue, purple, ultraviolet, gold, silver, or white, sometimes forming circular, amoeboid, or tunnel-like patterns. 2. Sensations of heat and/or cold in different parts of the body, especially the shoulders and the top of the head. 3. Tingling sensations in the brain, ears, forehead, spine, and other parts of the body. Feeling like an electrical current is shooting through these places, often snapping or popping through nerves. 4. Sensation of a warm, energized fluid slowly pushing its way around the brain and/or up the spine. 5. Perception of inner sounds -ringing, chirping, buzzing, ringing in the ears. 6. Strong compulsion to close eyes tightly, especially during quiet prayer. 7. Alteration of breathing patterns - sometimes slow and shallow (especially during meditation), short and choppy, or deep and smooth. Growing preference for abdominal breathing, 8. Sensations of electrical energy rippling through reproductive organs. 9. Sensations of gaseous bubbles arising from the area of the reproductive organs. 10. Compulsion to move facial muscles and bodily limbs in yogalike postures. 11. Sense of an inner eye seeing with the two sensory eyes. Sense of warmth and strength emanating from the center of the forehead. 20

# **KUNDALINI AND ITS HAZARDOUS RISK HUMAN BEINGS**

Let the reader beware - involving oneself with yoga and *Kundalini energy* gives the green light to ancient, baleful entities who seek to involve themselves in dismantling human lives. Whether one is a just a beginner, or an expert, *all* yoga postures and breath prayers have the capacity to invoke dark evil powers. Once the world of occult power has been tapped into through yoga postures, breathing techniques, visualization and occult contemplative prayer and chanting, the dismantling begins. It might be slow at first, but to be sure, the dismantling of one's personality and a newfound hostility towards the Gospel of Jesus Christ has set in. Romain's experience, like many others, is how it all begins. The end result is full conversion to an occult worldview.

Gopi Krishna is an author of numerous books and the founder of *Kundalini Research and Publication Trust*. He is also an expert on *Kundalini*. As one who has immersed himself for many years in the world of occult power, he has warned in his publications of the possible - and extreme dangers of yoga practice. Some of the warnings he has issued include "drastic effects" on the central nervous system. He has even mentioned the possibility of death. Krishna, in his article entitled *The True Aim of Yoga*, states:

In Hatha yoga the breathing exercises are more strenuous, attended by some abnormal positions of the chin, the diaphragm, the tongue, and other parts of the body to prevent expulsion or inhalation of air into the lungs in order to induce a state of suspended breathing. This can have drastic effects on the nervous system and the brain, and it is obvious that such a discipline can be very dangerous. Even in India, only those prepared to face death dare to undergo the extreme discipline of Hatha yoga. 21

Kundalini, the cosmic life force of the Hindu goddess *Shakti*, is as dangerous a power as any human can ever experience. The very height and crowning achievement of yogic religion ends with severe stages and states of demon possession. Included in this phenomena is possession to such a degree that a persons individual human personality is completely blown out and replaced by an entity that counterfeits itself as the previously known human personality. This extreme phenomena is known as perfect possession. In Indian religion it is achieved through yoga. Oftentimes practitioners of yoga can, without even realizing what is happening to them,

become involuntarily possessed by demons It is in this state that many yogi's often declare themselves to have achieved *Self*-realization - the acknowledgment of one's own unity with Brahman, the Universal Divine consciousness. What they don't know is that they have believed the lie of human goodhood- which again stated, was the lie of the Serpent [Satan] that is found in Genesis 3:4-5:

And the serpent said unto the woman, Ye shall not surely die: For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.

Let us never, in the name of Jesus Christ or otherwise, toy with such folly to think that we can play the yoga game and somehow not get burned by the mystical and damning fires of *Kundalini energy*. At any level of yoga *Kundalini energy* manifestations can occur. Irreversible mental disorders, psychosis, madness, undiagnosable diseases, sexual perversions, and completely destroyed human lives are proof positive that *Kundalini* is demonic in origin. The glaring truth is, *Kundalini energy* is pure, unvarnished evil. Call it "The Science of Breath", "Yoga for exercise", "Christian Yoga", "Mommy and Me Yoga", "Holy Yoga", Yahweh yoga", etc., it is still evil.

For the Christian, the clear command of Jehovah God in Scripture is to avoid all contact with pagan idolatry. This includes every form of occultism under the sun, including yoga, Contemplative centering prayer, etc. Christianizing yoga and calling Kundalini energy the Holy Spirit is no exception. Involving oneself with yoga, Contemplative centering prayer, and any form of kundalini energy arousal can lead to severe and prolonged bouts of demonic oppression, mental states of extreme depression and despondency, demonic entities influencing the human body, etc. Christian yoga poses and even yoga breath prayers can induce problems that can leave a practitioner under occult influences. While this author does not believe that a born-again Christian can be possessed by demons, I do believe (and have counseled) born-again Christians who have been severely harassed by demonic powers as a result of kundalini manifestations in the church. I have personally seen and helped Christians that have been left in vegetable-like mental states and who have experienced undiagnosable excruciating pain. I have personally experienced one form of this dangerous phenomena as a young untaught Christian in 1990. It came into a church merely visited through a Latter-Rain Manifest Sons of God false prophet. I assure you it is not much fun to be toyed about by dark powers as a result of a false prophet imparting a demonic "anointing" in the name of Christ.

#### THE CHRISTIANS DUTY: COME OUT FROM AMONG THEM AND BE YE SEPERATE

The Bible is very clear that Christians are not to partake in paganism or occult practices *of any kind*. Jehovah God Himself calls His people to be holy and to separate themselves from such wicked abominations. For any Christian to reject such truths from Scripture is tantamount to rejecting the God Who inspired the Scriptures. In light of the tendency for humanity to partake in such things, Paul the Apostle exhorted Christians in first century Corinth to be separate from all forms of paganism. As a deeply concerned leader among God's people, Paul wrote:

Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness. And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? And what agreement hath the temple of God with idols?

He went on to give the reason why Christians are not to have anything to do with false religion:

...for ye are the temple of the living God;

Paul also quoted from the Old Testament to show God's desire to dwell with His people, but only after they separated themselves from what is unclean (paganism, idolatry, occultism, etc.).

as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people. Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you. And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

He also gave a simple action plan for the believer to follow in order to do the will of God without compromise. Notice this involves, remembering the promises of God, forsaking sins of the flesh and spirit, and walking in a holy manner in the fear [holy reverence] of God.

Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God. (2 Corinthians 6:14-7:1)

Kundalini energy, the heart and soul of yoga and Contemplative centering prayer, ought to be avoided at all costs. Occult power manifestations occurring in the name of Christianity are a blight upon the name of Jesus Christ and His Church. No wonder the world looks on in disbelief as more and more Christians are utilizing occult methods to "have an experience". The undiscerning teachers that bring these damnable teachings into the Church as well as all the compromised church leaders who allow these things to continue on unchecked, will no doubt one day hold their heads in desperate shame before the LORD they have professed to love.

All under the guise of a deeper, more intimate, more mystical, Christendom, countless compromised Christians of our day are departing from Biblical Christianity. Running headlong after extra-biblical sensory-driven methodology, unstable and untaught Christians are being deceived. As a result they are connecting with the mystical interfacings and teachings of the demons. No other explanation will suffice.

The Holy Spirit warned us ahead of time did He not?

Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils; Speaking lies in hypocrisy; having their conscience seared with a hot iron... (1 Timothy 4:1-2)

In the words of John the Apostle, we speak a word of warning to all:

Little children, keep yourselves from idols. Amen. (1 John 5:21)

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- 21. Gopi Krishna, "The True Aim of Yoga," *Psychic*, January-February, 1973, p. 13., Quoted from Yoga: Kundalini Yoga by John Ankerberg and John Weldon <a href="http://www.ankerberg.com/Articles/new-age/NA0402W3.htm">http://www.ankerberg.com/Articles/new-age/NA0402W3.htm</a>